

HEFT Mentorship

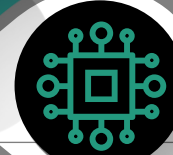
What is it?

A safe space for GPs working in a deep end practice to offer mentoring to GP trainees undertaking HEFT



When does it happen?

3 half day sessions will happen a year in the months where no HEFT teaching is on



Who are the mentors?

GPs from deep end practices who have kindly signed up to take part



How is a date chosen?

Mentees and mentors will liaise with each other to find the most suitable time for all



What do I need to attend?

Mentees will require study leave to attend

Mentors will be paid for their time



What do we talk about?

You're the boss! Mentees and mentors decide what to discuss each session



What's the logistics?

Typically, there will be 3 mentees to each mentor

Sessions typically will take place online and mentors will be from anywhere in Yorkshire



How long is each session?

A session may be between 2-3 hours but ultimately it's up to mentees and mentors to decide how best to split and use their time



Why do it?

Mentorship offers insight into the work of deep end practices that formal teaching can never give

It is a protected space to learn in a unique way



When can I start?

September 2023!

