



**TPC**HEALTH 

Working with

# Primary Care

**Supporting the health and care workforce with coaching, leadership development and culture change solutions to deliver sustainable personalised care.**

TPC Health is at the forefront of innovating workforce development and training interventions for health and social care. We design coaching, leadership development and culture change solutions that equip your workforce with the knowledge, skills and confidence to deliver personalised compassionate care.

We support organisations to create environments where staff feel valued and supported so they can work at their best and maintain their connection to the people and communities that they serve.

Our personalised care and health coaching skills programmes have been specifically designed to support those working in ARR roles, are PCI accredited and meet NHSE standards.

We work with practices, training hubs and specific workforce groups to implement solutions that establish the culture needed to enable your workforce to operate at it's best.

Our coaching support programmes for primary care have been shown to improve staff retention, resilience and wellbeing.

**Our overarching mission is to 'change the way organisations, practitioners and individuals improve health and wellbeing'**



**We have over 20 years' experience** of working within the health and care sector delivering coaching, leadership development and culture change. TPC Health is a **trusted advisor and innovation partner** for the development of personalised care initiatives in the NHS. Our interventions challenge the status quo and **deliver innovation that is pragmatic and produces sustainable positive change.**

Our programmes are **approved by the Personalised Care Institute** and we are the founding partner and **approved provider of EMCC accredited programmes.**

We care about making a difference and **work collaboratively with respect, equality and celebration of diversity.**

## Our Services for Primary Care



### Core Skills in Health Coaching

Designed to support practitioners from all health, care, community and voluntary sectors to learn how to use health coaching effectively in their current roles.



### Accredited Skills in Health Coaching

Designed specifically for individuals who want to become 'health coaches', and organisations that want to develop dedicated roles in health coaching.



### Practitioner Level Health Coaching

Our practitioner level programme is for individuals who want to become professional health coaches and for organisations wanting to set up a specialised health coaching service.



### Supervision

Providing supervision services and developing internal supervisors.



### Shared Decision Making

Designed to support practitioners to learn the process of good quality SDM and provide individuals with the knowledge and skills to support people in making decisions about their health and care.



### Personalised Care and Support Planning

Designed to provide practitioners with the knowledge, skills and techniques to have more personalised conversations with people, understand what matters to them, and work with them to identify solutions to meet their care and support needs.



### Train the Trainer

Providing a sustainable health coaching training programme for the NHS.



### Coaching and Mentoring

Providing coach programmes, coach training and mentoring programmes to support practitioners in the day to day challenges they have as leaders, clinicians or support workers.

## How we work

**Our faculty team are experts in their field. Many have clinical and care backgrounds and all have a deep understanding of the complexity of clinical and social care settings. They approach each project with vitality and creativity.**

**Each project is overseen by a Partner and supported by a dedicated Project Manager, experienced at liaising with clients around all administrative and logistic matters**

**We deliver transformational interventions that are personally meaningful and have a strong emphasis on application to the workplace. Our programmes have a practical focus, are evidence based and delivered using a highly participative and experiential learning process.**

**Programme delivery can be face to face or virtual.**

For more information [info@tpchealth.com](mailto:info@tpchealth.com) or visit [www.tpchealth.com](http://www.tpchealth.com)