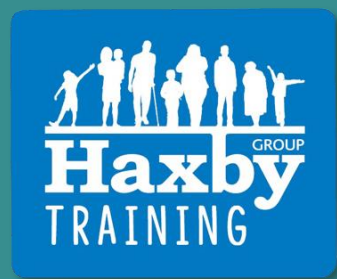


# TRAINING DIARY

## Winter / Spring 2025



New training dates will be added throughout the year and may be subject to change.  
Course details can be found on the following pages or on our website

For more information or to book please contact us on: [training@haxbygroup.co.uk](mailto:training@haxbygroup.co.uk) / 01482 303986

**FACE TO FACE** *Our face-to-face courses involve theory and practical training. Places will be available on first-come first-served basis.*

**VIRTUAL** *Joining a course virtually is a great way to share learning together without the need for travel. A web link and course materials will be sent to all attendees the day before the course.*

**BESPOKE** *Do you require training for a group of staff? We could offer a bespoke session at your location, please contact us to discuss your requirements and we will be happy to help!*

Visit our website for the latest dates and information:

[www.haxbygrouptraining.co.uk](http://www.haxbygrouptraining.co.uk)

### Upcoming

Mon	20/01/2025	12.30 - 15.00	Basic Life Support	£50	Gale Farm, York
Wed	05/02/2025	10.00 - 16.30	Female Health	£150	Gale Farm, York
Wed	12/02/2025	10.00 - 16.30	Female Health	£150	Burnbrae, Hull
Thur	13/02/2025	10.00 - 12.30	Basic Life Support	£50	Gale Farm, York
Mon	24/02/2025	10.00 - 11.30	Prostap and Zoladex	£50	Gale Farm, York
Wed	26/02/2025	10.00 - 16.30	Contraception	£150	Gale Farm, York
Tue	04/03/2025	10.00 - 16.30	Initial Imms & Vaccs for Nurses	£150	Burnbrae, Hull
Wed	05/03/2025	10.00 - 16.30	Travel Health	£150	Gale Farm, York
Mon	10/03/2025	10.00 - 16.30	Contraception	£150	Burnbrae, Hull
Wed	12/03/2025	10.00 - 14.30	Basic Wound Care	£150	Gale Farm, York
Fri	14/03/2025	12.30 - 15.00	Basic Life Support	£50	Burnbrae, Hull
Tue	18/03/2025	09.00 - 11.30	Basic Life Support	£50	Gale Farm, York
Tue	18/03/2025	10.00 - 16.30	Travel Health	£150	Burnbrae, Hull

Continued on next page...

Subscribe to our newsletter to be the first to hear about our latest training dates and news: <http://eepurl.com/ia1yrf>

**HULL:**  
Burnbrae Surgery  
445 Holderness Road  
Hull  
HU8 8JS

**YORK:**  
Gale Farm Surgery  
Front Street  
Acomb  
York  
YO24 3BU

**SCARBOROUGH:**  
Lawrence House Medical Centre  
1 Belgrave Crescent  
Scarborough  
YO11 1UB



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### Upcoming, continued.....

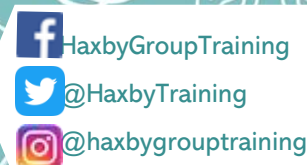
Wed	19/03/2025	10.00 - 16.00	Initial Imms & Vaccs for Nurses	£150	Gale Farm, York
Thur	20/03/2025	10.00 - 14.30	Basic ECG	£150	Gale Farm, York
Wed	26/03/2025	09.30 - 12.00	Basic Life Support	£50	Scarborough
Wed	26/03/2025	10.00 - 15.30	Initial Imms & Vaccs for HCAs	£150	Gale Farm, York
Wed	26/03/2025	13.00 - 15.30	Basic Life Support	£50	Scarborough
Mon	31/03/2025	09.00 - 10.30	Prostap and Zoladex	£50	Burnbrae, Hull
Mon	31/03/2025	11.30 - 16.00	Basic Wound Care	£150	Burnbrae, Hull
Tue	01/04/2025	10.00 - 15.30	Initial Imms & Vaccs for HCAs	£150	Burnbrae, Hull
Wed	02/04/2025	10.00 - 14.00	Basic Venepuncture	£150	Burnbrae, Hull
Thur	10/04/2025	12.30 - 15.00	Basic Life Support	£50	Burnbrae, Hull
Mon	28/04/2025	09.00 - 12.30	Imms Update for Nurses	£70	Virtual

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Lawrence House Medical Centre  
1 Belgrave Crescent  
Scarborough  
YO11 1UB



# GENERAL PRACTICE ESSENTIALS



- Tailored to the General Practice environment
- Open to both clinicians and administrative staff



## BASIC LIFE SUPPORT

£50

- Two and a half hour session - includes adult and paediatric BLS, anaphylaxis, AED, theory and practical



## CHAPERONE

£30

- One hour session - Learn and practice the skills required to act confidently and competently as a chaperone



## MEDICAL TERMINOLOGY

£130

- Full day introduction to Medical Terminology - Ideal for Healthcare Assistants, Secretarial, Administrative and Reception staff
- Includes medical sciences and systems of the body, prefixes and suffixes, common conditions and medications, terms and abbreviations



## CUSTOMER SERVICE

£60

- Half day session - ideal for Reception and Administrative staff
- Fun and interactive session with team building, communication skills, understanding patient needs and expectations, exploring excellent customer service, team values, listening skills and complaints prevention
- Bespoke packages available, get in touch for more details



### Availability

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Tel: 01482 303986

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# HEALTHCARE ASSISTANT & NEW PRACTICE NURSE ESSENTIALS



- One day courses ideal for new HCAs and new practice nurses
- Competency based awards
- Tailored to the General Practice environment



## BASIC VENEPUNCTURE

£150

- Learn the theory and anatomy of blood taking
- Practice antecubital fossa phlebotomy techniques



## BASIC ECG

£150

- Learn the anatomy of the heart and ECG theory
- Learn and practice ECG recording techniques



## BASIC WOUND CARE

£150

- Learn the theory and science of wound care
- Practice wound care techniques including dressings, suture removal and clip removal



## MOTIVATIONAL INTERVIEWING

£150

- Learn the skills for providing motivational interviewing and healthy lifestyle counselling which are key to new/well patient checks and reviews
- Learn theory and techniques and practice with role-play



## EMERGENCY FIRST AID

£150

- Develop the skills and confidence to help someone needing emergency first aid, assessing and monitoring a casualty



Training in clinical skills covers theory and simulated practice. Following training supervised practice must be completed in the clinical setting, the student will be issued with competencies to complete before receiving a certificate. A competent registered nurse must be responsible for confirming that the student has gained sufficient practical competency before independent practice.

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# IMMUNISATIONS AND VACCINATIONS



## INITIAL IMMUNISATION TRAINING FOR NURSES

£150

- Full day - Suitable for Nurses new to immunisation
- Competencies will be issued to complete in practice following the training
- Includes: Theory and practical training, immunisation history, immunology and theory, types of vaccines and compositions, vaccine preventable diseases and epidemiology, current issues and controversies, communicating with patients and parents, legal aspects, storage and handling, correct administration, dosage and reconstitution, contraindications and precautions, pregnancy, documentation, strategies for improving immunisation rates, adverse reactions, anaphylaxis and adverse events
- Covering: Diphtheria, Tetanus, Pertussis, Haemophilus influenzae type B (HIB), Poliomyelitis, Meningococcal, Measles, Mumps, Rubella, Rotavirus infection, Influenza, Pneumococcal, Shingles



## INITIAL IMMUNISATION TRAINING FOR HCAs

£150

- Full day - Suitable for HCAs new to immunisation
- ***Please note: Public Health England recommended only HCAs who have achieved education and training to Level 3 or equivalent with at least 2 years' experience as a HCA should be considered for immunisation training***
- Competencies will be issued to complete in practice following the training
- Includes: Theory and practical training, immunisation history, immunology and theory, types of vaccines and compositions, storage and handling, dosage and reconstitution, vaccine preventable diseases and epidemiology, correct administration, precautions and contraindications, legal aspects, documentation, adverse reactions, anaphylaxis and adverse events
- Covering: Influenza, Pneumococcal, Shingles, B12



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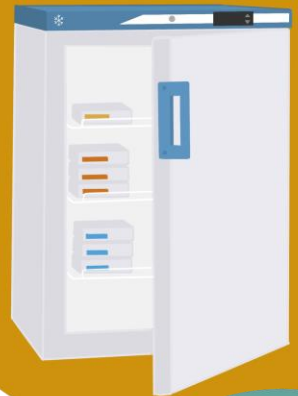
# IMMUNISATIONS AND VACCINATIONS



## TRAVEL HEALTH

£150

- Full day – Suitable for Practice Nurses or Nurse Associates new to primary care or those Nurses who wish to expand their knowledge in Travel Health.
- This interactive session will provide an introduction to Travel Health, including effective risk assessments, the application of evidence-based practice and vaccine-preventable diseases. This course will provide an overview of NHS and private travel vaccines and their associated schedules, with a focus on the UK schedule and catch-up programmes relevant to current outbreaks. Throughout the session, learners will gain an understanding of Yellow Fever and associated certificate requirements under International Health Regulations, Malaria and Malaria Prophylaxis and insect bite transmitted diseases. The course aims to provide Nurses and/or Nurse Associates with the knowledge to effectively undertake travel risk assessments for patients and manage complex situations with application of guidance.



## PROSTAP & ZOLADEX

£50

- 1.5 hours – Suitable for healthcare professionals wishing to develop the skills and knowledge to administer Prostag and Zoladex
- Learn the theory and develop the practical skills to enable the administration of both hormonal therapies.

### Availability

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Tel: 01482 303986

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# IMMUNISATIONS AND VACCINATIONS

**Haxby**  
GROUP  
TRAINING



## IMMUNISATION UPDATE FOR NURSES

£110

- Half day - Suitable for nurses experienced in immunisation and requiring an update
- Includes: Immunology, types of vaccines and composition, storage and handling, precautions, pregnancy, contraindications, legal aspects, documentation, adverse reactions, anaphylaxis and adverse events
- Includes annual FLU Update



## IMMUNISATION UPDATE FOR HCAs

£110

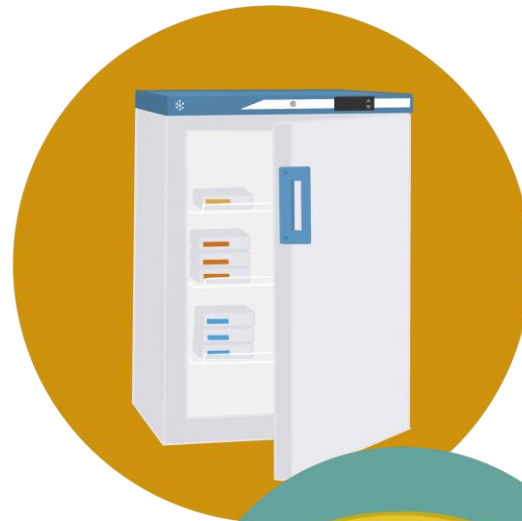
- Half day - Suitable for HCAs experienced in immunisation and requiring an update
- Includes: Immunology, types of vaccines and composition, dosage and reconstitution, storage and handling, correct administration, precautions, contraindications, legal aspects, documentation, adverse reactions, anaphylaxis and adverse events
- Includes annual FLU Update



## ANNUAL FLU UPDATE

£60

- 2 hours - Suitable for Nurses and HCAs needing an annual update for flu season
- Covering adult and child flu vaccination, including: vaccination content, guidelines, eligibility, contraindications and anaphylaxis



### Availability

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# FEMALE HEALTH & CONTRACEPTION

Haxby GROUP  
TRAINING



## FEMALE HEALTH

£150

- Full day - Suitable for Practice Nurses or Nurse Associates new to primary care or those Nurses who wish to expand their knowledge in Female Health.
- Includes: An overview in anatomy and physiology, the menstrual cycle and common menstrual disorders seen in primary care including dysmenorrhoea, amenorrhoea, PMS and PMDD. The training will consist of theoretical knowledge, practice-based scenarios and the NICE guidelines encompassing common gynaecological conditions, abnormal discharge, common and sexually transmitted infections and the role of the nurse in primary care.



## CONTRACEPTION

£150

- Full day - Suitable for Practice Nurses or Nurse Associates new to primary care or those Nurses who wish to expand their knowledge in Contraception.
- Includes: An overview in effective counselling, Gillick competence/Fraser guidelines and legal issues surrounding contraception and the delivery of services. The session will cover method specific contraception including long-acting-reversible-contraception (LARC), mode of action, health risks and non-contraceptive benefits with particular focus on initiation of contraception, reviews and guidance related to missed pills or late contraceptive use and pregnancy risk in line with the Faculty of Sexual Reproductive Healthcare guidance. The session will aim to promote an understanding of emergency contraception and when to initiate. The training will consist of theoretical knowledge, practice-based scenarios and application of the UK medical eligibility criteria (UKMEC).



### Availability

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# TERMS & CONDITIONS



## BOOKING PROCEDURE

You can request a place on any course by emailing [training@haxbygroup.co.uk](mailto:training@haxbygroup.co.uk). Places will be available on a first-come first-served basis. Once we have verified availability and booked your place we will send you an invoice. **Pre-payment in full is required for all courses.**

## CANCELLATIONS

If you notify us more than 14 days before the course date you will receive a full refund. Refunds for cancellations with less than 14 days notice shall be at our discretion. Failure to attend without any notice will be non-refundable. A substitute attendee may be nominated without charge.

Where circumstances dictate, Haxby Group reserves the right to alter published programs. In the event of a course being cancelled an alternative date will be offered where possible or a full refund of the course fee will be made. No compensation will be paid for any additional costs incurred.

## COURSE CONTENT

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# ABOUT US

Haxby Group is a high-quality, community-based healthcare organisation, with general practice at its heart. Serving more than 92,000 patients, Haxby Group delivers patient care from 11 GP surgeries across York, Hull and Scarborough. Education is at the heart of Haxby Group and a learning culture has always been central to our multi-professional team.

Haxby Group Training coordinates the development and delivery of training activities and courses. We can also offer business consultancy around general practice organisation and at-scale delivery, sharing the experience of our dedicated directors and partners.

As hosts of the Primary Care Workforce and Training Hub in Humber and North Yorkshire we also provide training support and facilitate funding access, available to all practices across the region. We coordinate local schemes on behalf of Health Education England and NHS England, supporting with students, trainees and workforce development – **to find out more about the Training Hub visit:**

<https://yhtraininghubs.co.uk/humber-north-yorkshire/> or contact [hnyicb.traininghub@nhs.net](mailto:hnyicb.traininghub@nhs.net)